**РЕГЛАМЕНТ**

**1- мѳѳнѳт**

|  |  |  |  |
| --- | --- | --- | --- |
| Саат | Кируу | Чыгуу | Танапис |
| 1 | 8-00 | 8-45 | 5 |
| 2 | 8-50 | 9-35 | 5 |
| 3 | 9-40 | 10-25 | 10 |
| 4 | 10-35 | 11-20 | 5 |
| 5 | 11-25 | 12-10 | 5 |
| 6 | 12-15 | 13-00 |  |

**2- мѳѳнѳт**

|  |  |  |  |
| --- | --- | --- | --- |
| Саат | Кируу | Чыгуу | Танапис |
| 1 | 12-20 | 13-05 | 5 |
| 2 | 13-10 | 13-55 | 5 |
| 3 | 14-00 | 14-45 | 5 |
| 4 | 14-50 | 15-35 | 5 |
| 5 | 15-40 | 16-25 | 5 |
| 6 | 16-30 | 17-15 |  |

**РЕГЛАМЕНТ**

**1- мѳѳнѳт**

|  |  |  |  |
| --- | --- | --- | --- |
| Саат | Кируу | Чыгуу | Танапис |
| 1 | 8-30 | 9-15 | 5 |
| 2 | 9-20 | 10-05 | 5 |
| 3 | 10-10 | 10-55 | 10 |
| 4 | 11-05 | 11-50 | 5 |
| 5 | 11-55 | 12-40 | 5 |
| 6 | 12-45 | 13-30 |  |

**2- мѳѳнѳт**

|  |  |  |  |
| --- | --- | --- | --- |
| Саат | Кируу | Чыгуу | Танапис |
| 1 | 12-50 | 13-35 | 5 |
| 2 | 13-40 | 14-25 | 5 |
| 3 | 14-30 | 15-15 | 5 |
| 4 | 15-20 | 16-05 | 5 |
| 5 | 16-10 | 16-55 | 5 |
| 6 | 17-00 | 17-55 |  |